

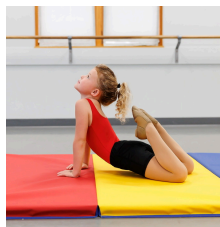
Early Childhood | AGE 2 - 6

September 8, 2025 - May 23, 2026

Minimum age by Sep 1, 2025

CLASSES

	Mon	Tues	Wed	Thu	Fri	Sat
<i>Tiny Ballet</i> 2-3yr Olds Experience ballet and creative movement through playful games and props! Tuition: \$454 per Installment		3:45-4:25		10:00-10:40 4:45-5:25	12:00-12:40	10:00-10:40
<i>Pre-Ballet & Tap I</i> 3-4yr Olds The fun of Ballet is introduced through games, center practice and creative expression. Tap is added in January. Ballet performed in the Recital. Tuition: \$454 per Installment	3:45-4:30	3:45-4:30 5:15-6:00		9:15-10:00	12:45-1:30	9:00-9:45
<i>Pre-Ballet & Tap II</i> 4-6yr Olds Learn Pre-Ballet and Tap through games, center work, and fun dances! 2 recital dances. Tuition: \$466 per Installment	3:45-4:40	5:30-6:25	4:45-5:45	3:45-4:40		10:00-10:55
<i>Primary Ballet & Tap</i> 5-6yr Olds Experience the joy of dance while learning Ballet and Tap technique! 2 recital dances. Tuition: \$466 per Installment	2:45-3:40	3:45-4:40		3:45-4:40 5:30-6:25		9:00-9:55
<i>Tiny Twirl & Tumble</i> 2-3yr Olds Discover dance, tumbling, and movement games while building motor skills! Tuition: \$454 per Installment			4:00-4:40			
<i>Twirl & Tumble</i> 3-5yr Olds Explore the basics of jazz, hip-hop, and beginner acro-tumbling! 1 recital dance. Tuition: \$454 per Installment		4:30-5:15		3:45-4:30	3:45-4:30	
<i>Kids Bop</i> 4-6yr Olds Move, groove, and build confidence in this upbeat Jazz/Hip-Hop intro! 1 recital dance. Tuition: \$454 per Installment	4:00-4:45	4:45-5:30	4:00-4:45		1:30-2:15	
<i>Acro FUNdamentals</i> 4-6yr Olds Build strength, flexibility, balance, and confidence through fun acro-tumbling skills! Tuition: \$454 per Installment				4:45-5:30	3:45-4:30	



DRESS CODE

Ballet & Tap Attire: Ballet: Girls wear Light Pink leotard w/attached skirt and light pink tights. No tutus or "dress up" clothes permitted. Hair in a bun or ponytail. Pink leather Ballet shoes. Tap: Black Tap shoes w/velcro closure (no ties or snaps). Boys wear t-shirt tucked into elastic waist shorts, black ballet & tap shoes.

Kids Bop, Twirl & Tumble Attire: Girls wear a red leotard, black LPAA shorts, hair in ponytail. Boys wear t-shirt with athletic shorts/pants. Slip-on jazz shoes (tan for girls, black for boys), thin socks or tights.

Acro FUNdamentals Attire: Girls wear any color leotard, black LPAA shorts, hair in ponytail. Boys wear t-shirt with athletic shorts/pants

Dancewear and shoes are available in our boutique!

TUITION

Enrollment is for the full season, Sept. - May.

Tuition listed is for 1/2 of the season.

Tuition is paid in two installments of the amount listed.

1st installment: due upon registration

2nd installment: auto-charged Jan. 15, 2026

REGISTER ONLINE: [LOMASTRO.COM](https://lomastro.com)

hello@lomastro.com ☎ 847-615-5400

Class Schedule | AGE 6-18

September 8, 2025 - May 23, 2026

Minimum age by Sep 1, 2025

CLASSES

	Mon	Tues	Wed	Thu	Fri	Sat
Elementary Ballet & Tap 1 6-7yr Olds Ballet and Tap are taught in this 60 minute class. 2 Recital dances.	4:30-5:30	4:15-5:15				9:00-10:00
Elementary Jazz & Hip-Hop 1 6-7yr Olds Jazz & Hip-Hop are taught in this 60 minute class. 2 Recital dances.	2:45-3:45		5:45-6:45	4:30-5:30		
Elementary Ballet/Tap/Jazz 1 6-7yr Olds Ballet, Tap & Jazz are taught during this 90 min. class. 3 Recital dances.	4:15-5:45					
Hip-Hop 1 6-7yr Olds	5:30-6:15				4:30-5:15	
Acro: Cartwheel, Handstand, Backbend 6-9yr Olds Build strength, flexibility, balance, and confidence through acro-tumbling skills!	3:15-4:00 3:30-4:15 5:45-6:30			3:45-4:30	3:45-4:30 5:15-6:00	10:00-10:45
Broadway Starlets 6-8yr Olds Musical Theatre: Act, Sing, Dance				5:30-6:15		
Elementary Ballet/Tap/Jazz 2 7-9yrs Olds Ballet, Tap & Jazz are taught during this 90 min. class. 3 Recital dances.	2:45-4:15 4:00-5:30 4:45-6:15		4:15-5:45			
Ballet 2 • 7-9yr Olds		5:15-6:00				
Jazz 2 • 7-9yr Olds		6:00-6:45				
Tap 2 • 7-9yr Olds				4:30-5:15		
Hip-Hop 2/3 • 7-9yr Olds			5:45-6:30	3:45-4:30	3:45-4:30	
Elem. Lyrical • 7-9yr Olds						10:45-11:30
Upper Elementary Ballet/Tap/Jazz 8-10yrs Olds Ballet, Tap & Jazz are taught during this 90 min. class. 3 Recital dances.		4:30-6:00			4:30-6:00	
Hip-Hop 3/4 • 8-10yr Olds			4:00-4:45 5:45-6:30	6:30-7:15		
Upper Elem. Lyrical • 8-10yr Olds			7:30-8:25			
Broadway Rising Stars 8-10yr Olds Musical Theatre: Act, Sing, Dance				6:30-7:15		

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Elementary Ballet/Tap Jazz	\$697
1 Class Per Week	\$466
2 Classes Per Week	\$878
3 Classes Per Week	\$1,307
4 Classes Per Week	\$1,672
5 Classes Per Week	\$1,989



DRESS CODE

All Classes have a dress code, see lomastro.com/dress-code.

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Ballet / Pointe

Ballet 2	7-9 yrs	Tues	5:15-6:00
Open Ballet	10 & up	Tues	6:30-7:30
Open Ballet II	Placement	Tues	6:45-7:45
Ballet 3	Placement	Mon Wed Thur	5:15-6:15 4:45-5:45 4:30-5:30
Ballet 4	Placement	Tues Thur	5:45-6:45 4:15-5:15
Ballet 5	Placement	Tues Thur	4:30-5:45 5:15-6:30
PBT / Pointe Prep	Ballet 4-6 *or Placement	Tues Thur	6:00-6:45 6:30-7:15
Ballet 6	Placement	Mon Thur Sat	7:00-8:15 5:15-6:30 9:45-11:00
Beginning Pointe	Placement Min. age 11	Mon Thur	6:15-7:00 6:30-7:15
Ballet 7 / Pointe	Placement	Tues Thur Sat	7:30-9:30 6:30-8:30 9:00-11:00
Ballet 8 / Pointe	Placement	Tues Thur	7:30-9:30 6:30-8:30
Ballet 8 & LCP / Pointe		Sat	9:00-11:00
LCP Ballet / Pointe	Placement	Tues Thur	7:30-9:30 6:30-8:30

- ▶ Ballet 4-6 students with aspirations to be on pointe in the future, are expected to enroll in PBT Pointe Prep.
- ▶ Ballet 6, 7 & 8 must be enrolled in 2 ballet classes per week.
- ▶ Beg. Pointe students are advised to enroll in 2 Pointe classes
- ▶ Beg. Pointe students must be enrolled in 2 Ballet classes plus Pointe.
- ▶ Ballet 7, 7/8, 8 & LCP include 30 minutes of Pointe work. Ballet students who are on Pointe are required to take the full combined Ballet /Pointe class twice per week. Those who are not on Pointe will be dismissed for the last 30 minutes of class.
- ▶ LCP Ballet may attend 1 class per week if they are not on pointe and opt for no ballet recital. Solo/Duet/Trio requirements vary.

Hip-Hop

Hip-Hop 2/3	7-9 yrs	Wed Thur Fri	5:45-6:30 3:45-4:30 3:45-4:30
Hip-Hop 3/4	8-10 yrs	Wed Wed Thur	4:00-4:45 5:45-6:30 6:30-7:15
Open Hip-Hop	10 & up	Wed	6:30-7:15
Hip-Hop 5/6	Placement	Mon Wed Thur	7:45-8:30 4:45-5:30 7:15-8:00
Hip-Hop 7/8	Placement	Mon	7:00-7:45

Lyrical

Elem. Lyrical	7-9 yrs	Sat	10:45-11:30
Upper Elem. Lyrical	8-10 yrs	Wed	7:30-8:25
Lyrical 3/4	Ballet/Jazz 3-4 *or Placement	Sat	9:00-10:00

Contemporary-Modern

Open Contemporary	10 & up	Tues	7:45-8:45
Open Contemporary II	Placement	Tues	7:45-8:45
Contemp-Modern I	Ballet 5/Jazz 5	Wed	5:30-6:30
Contemp-Modern II	Ballet 6/Jazz 6	Tues	6:45-7:45
Contemp-Modern III	Ballet 7/Jazz 7	Mon	8:30-9:30
Contemp-Modern IV	Ballet 8/Jazz 8	Mon	8:30-9:30
LCP Contemp-Modern	Placement	Mon	8:30-9:30

Tap

Tap 2	7-9 yrs	Thur	4:30-5:15
Open Tap	10 & up	Mon	6:15-7:00
Tap 3	Placement	Tues Wed	6:00-6:45 5:45-6:30
Tap 4	Placement	Mon	6:15-7:00
Tap 5	Placement	Mon	6:15-7:00
Tap 6	Placement	Tues	6:00-6:45
Tap 7/8	Placement	Tues	6:45-7:30

Jazz

Jazz 2	7-9 yrs	Tues	6:00-6:45
Open Jazz / Theatre	10 & up	Thur	7:15-8:15
Open Jazz / Theatre II	Placement	Thur	7:15-8:15
Jazz 3*	Placement	Mon Thur	4:15-5:15 5:30-6:30
Jazz 4*	Placement	Tues Thur	6:45-7:45 5:30-6:30
Jazz 5*	Placement	Wed	7:30-8:30
Jazz 6*	Placement	Tues	7:45-8:45
Jazz 7*	Placement	Wed	7:30-8:15
Jazz 8*	Placement	Wed	7:30-8:45
LCP Jazz	Placement	Wed	7:30-8:45

*Enrollment in ballet is required for levels Jazz 3 and higher

Broadway

Broadway Starlets	6-8 yrs	Thur	5:30-6:15
Broadway Rising Stars	8-10 yrs	Thur	6:30-7:15

Your "stars" present a mini-musical during the last class in November, and a Song & Dance routine is performed in the May/June Recital. Class time is spent learning the songs, choreography, and dialogue. Students may be invited to be in our Winter Musical

Musical Theatre

Musical Theatre 4/5	Placement	Mon	7:00-7:45
Musical Theatre 6	Placement	Wed	5:45-6:30
Musical Theatre 7/8	Placement	Mon	7:45-8:30
LCP Musical Theatre	Placement	Mon	7:00-7:45

Build on jazz and tap with added elements of acting and storytelling in the Broadway style. Explore various musicals with choreography influenced by classical musical theatre. Will perform a Musical Theatre dance in the recital. Requires character shoes & tap shoes.

For tuition information please see page 6.

Dance Strong

DanceStrong: Core Placement Tue 6:45-7:30
Strength & Flexibility Min. age 11

This class combines targeted exercises with dance-inspired movements to strengthen your core, enhance flexibility, and elevate overall performance. Whether aiming to prevent injuries, refine technique, or gain better control, DanceStrong offers the perfect balance of strength and stretch, helping you become a stronger, more flexible, and resilient dancer.

C.J.T. + AcroDance

C.J.T. 4/5 9 & up Sat 11:00-12:30
For Jazz 4 & 5 w/approval

C.J.T. 6 Jazz 6 & up Sat 11:00-12:30

C.J.T. 7 Jazz 7 & up Sat 11:00-12:30

C.J.T. 8 & LCP Placement Sat 11:00-12:30

► Enrollment in Jazz is required. (No class requirement for H.S. Poms)

Conditioning, Jumps & Turns and AcroDance elements which are commonly used in choreography will be taught and include flexibility skills, walkovers, aerial cartwheels, etc.

Dance Team / Pom

High School 7th-9th Gr. Mon 6:45-7:45
Dance Team Prep w/approval

High School 9th-12th Gr. Wed 8:45-9:45
Dance Team Tech HS Dance Team Sat 12:30-1:30

Sharpen your technique, jumps, and turns in these high-energy classes designed for current and aspiring Dance Team members. Build precision, performance quality, and Pom technique to take your skills to the next level.

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5 Classes Per Week	\$1,989
6 Classes Per Week	\$2,368
7 Classes Per Week	\$2,765
8 Classes Per Week	\$3,158
9 Classes Per Week	\$3,555
10 Classes Per Week	\$3,759
75 Min Classes:	Add \$104 per class
90-120 Min Classes:	Add \$148 per class

DRESS CODE

All Classes have a dress code, see lomastro.com/dress-code.

All required leotards, tights and shoes are available in our dance boutique!



Acro

Acro Foundations	6-9 yrs	Mon	3:15-4:00
		Mon	3:30-4:15
		Mon	5:45-6:30
		Tues	3:45-4:30
		Thur	3:45-4:30
		Fri	3:45-4:30
		Fri	5:15-6:00
		Sat	10:00-10:45

Acro Foundations	10 & up	Mon	7:45-8:30
		Thur	8:15-9:00

Acro Foundations follows Acrobatic Arts Curriculum levels 1-4. Upon completion of Acro Foundations students will be confident with: one hand cartwheel, bridges, handstands, headstands, etc.

Intermediate Acro	Prerequisite: Handstand Backbend 1 hand Cartwheel	Mon	7:45-8:30
		Tues	3:45-4:30
		Thur	7:15-8:00
		Thur	8:15-9:00
		Fri	4:30-5:15
		Fri	5:15-6:00
		Fri	6:00-6:45
		Sat	11:30-12:15

Intermediate Acro follows Acrobatic Arts Curriculum levels 4-7. Upon completion of Intermediate Acro students will be confident with front and back walkovers, flying cartwheels, chest stands, front and back limbers, forearm stands and able to do a side aerial.

Advanced Acro	Prerequisite: F & B Walkovers F & B Limbers Side Aerial	Thur	8:30-9:15
		Wed	6:45-7:30

Advanced Acro follows Acrobatic Arts Curriculum levels 7-PrePro. Advanced Acro students will learn to be confident with side aerial, flying walkovers, Valdez, front aerial, headsprings, back tucks.

► Follows the Acrobatic Arts Curriculum.

