

### 840 S. WAUKEGAN ROAD #108 Lake Forest, IL 60045

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Whether your child dreams of a life on the stage or just wants to have fun, LoMastro Performing Arts Academy has something for everyone!



# 2023–24 IMPORTANT DATES

September 5	1st Day of Enrichment Club
September 11	1st Day of classes
October 31	No Classes after 2PM
November 1	Recital Costume fees auto-charged
Nov 21-26	Thanksgiving Break
Dec 15-16	Holiday Showcases
Dec 17-Jan 8	Winter Break
January 9	Classes Resume
January 15	2nd Tuition Installment auto-charged.
Mar 20- Apr 2	Spring Break
Apr 27-May 3	Early Childhood Recital Costume Week
May 4	Early Childhood Recitals No Classes
May 20-25	Photo Week & Age 6+ In- Studio Dress Rehearsals
May 25	Last Day of Classes
May 31-Jun 2	Age 6-18 Rehearsals & Recitals

*Events & dates are subject to change.* Classes <u>are</u> held on: Columbus Day, Martin Luther King, Jr. Day, Presidents Day.

## ENROLLMENT

- Enrollment is accepted online at lomastro.com.
- Students must meet min. age requirements by 9/1/23, unless listed otherwise.
- Current students will receive pre-approved class levels sent via email.
- Open levels are for those ages 10-13 with little or no experience.
- Confirmations will be sent via email only.
- You can login to your account at anytime via our website to change your payment method, enroll in classes online, update your account, etc.
- If your child has previous dance training and would like to enroll in a class that requires placement, call 847-615-5400 to discuss class level for your child.
- A 4% surcharge will be added to payment via credit/debit cards. It does not apply to ACH/Electronic Check transactions.
- Registration:
  - Current Students: The membership fee is waived students who were enrolled for 2022-23 and register during the Priority Registration period June 1-7.
  - New & Returning Students: Enrollment opens June 8. A
    \$30 membership fee per student is due upon enrollment.

# Enrichment Club Schedule | AGE 2-5

September 5, 2023 - May 25, 2024

Minimum age by1st day of each session

<image/>	dance	NUSIC * art * drama ENT stro			
CLASSE Mini Movers for 2 & 3 year ol Tu, Th, F	Mon	Tues	Wed	Thu	Fri
Mini Movers 2-3yr Olds Allow your child to start off on the right foot moving and grooving, while learning the alphabet, colors, numbers, shapes and more. Mini Movers is a fun and active enrichment program that allows children to develop social skills and talents at a young age. Children will participate in Active Play, Yoga, Dance, Music, Art, and Drama. Each week the children will enjoy a theme such as animals, seasons, feelings, manners, healthy foods, sports, and so much more. Each day will be filled with imagination and creativity, expertly developed with an academic curriculum to assist with learning. Come join the fun! Children must be at least 2 years old on the first day of the program.	9:15-11:45		9:15-11:45		9:15-11:45
Little Movers 3-5yr Olds Little Movers builds on skills learned in Mini Movers and is appropriate for children at least 3 years of age through Kindergarten. Children are encouraged to learn through their bodies so they can remember it in their minds. In order to be eligible for Little Movers, children must be fully potty trained and have a minimum of 6 months experience in a non-parented setting.		9:00-11:30 12:30-3:00		9:00-11:30 12:30-3:00	9:00-11:30
Enrollment is taken by trimester: Sep-Dec, Jan-Wini Movers rated. There is a \$50 annual Membership Fee du charged right toothmoving anther coving while learning th alphabet, numbers and letters. This program <b>Choose</b> allows children \$5 young as 2 and 3 to develop Parents hoose fielden \$5 young as 2 and 3 to develop	ie upon regi Litti ie Mov yea thro	stration, the e Movers build vers and is app rs of age. Child bugh their bodi anniass: Mord	n the trimest is on skills lear propriate for ch dren are encou	er tuition is ned in Mini ildren at least iraged to learn remember it ir	auto- 3

Days Per Week	2023-24 Tuition	must be fully
1-Day Per week	\$47.00 per day	onths non-parented Fine Arts
2-Days Per week = 10% savings	\$42.30 per day	
3-Days Per week = 15% savings	\$39.95 per day	nd support staff.

Complete details at lomastro.com/enrichment

# Early Childhood | AGE 2 - 6

September 11, 2023 - May 25, 2024

Minimum age by Sep 1, 2023

CLASSES	Mon	Tues	Wed	Thu	Fri	Sat
<i>Tiny Tots Ballet</i> 2-3yr Olds Toddlers enhance gross motor coordination and listening skills through music, props and dance. Tuition: \$292 per Installment see page 6		3:45-4:15	10:00-10:30 3:45-4:15	10:15-10:45	12:00-12:30	10:30-11:00 11:15-11:45
<b>Pre-Ballet &amp; Tap I</b> <b>3-4yr Olds</b> The fun of Ballet is introduced through games, center practice and creative expression. Tap is added in January. Only Ballet is performed in the Recital. Tuition: \$410 per Installment see page 6	3:45-4:30			9:30-10:15 3:45-4:30	12:30-1:15	9:00-9:45
<b>Pre-Ballet &amp; Tap II</b> <b>4-6yr Olds</b> Pre-Ballet and Tap are taught through games, center practice and fun dances . Tuition: \$421 per Installment see page 6	3:45-4:40		4:30-5:25		1:15-2:10	10:00-10:55
<b>Primary Ballet &amp; Tap</b> <b>5-6yr Olds</b> Introduces the young dancer to the joy of Ballet and Tap technique. Tuition: \$421 per Installment see page 6	5:30-6:25	4:00-4:55	3:45-4:40			9:00-9:55
<b>Twirl &amp; Tumble</b> <b>3-5yr Olds</b> Learn the basics of jazz, movement games and basic acro/tumbling skills. Tuition: \$410 per Installment see page 6	5:30-6:15	3:30-4:15	9:15-10:00		3:45-4:30	
<i>Kids Bop</i> <b>4-6yr Olds</b> <i>Bounce along to the beat in this introductory</i> <i>Jazz/Hip-Hop class.</i> Tuition: \$410 per Installment see page 6	3:15-4:00 4:00-4:45		4:00-4:45	4:00-4:45		

### Looking for Acro?



# See Acro Fundamentals for ages 5-7 on page 6!

### DRESS CODE

**Ballet & Tap Attire:** Ballet: Girls wear Light Pink leotard w/attached skirt and light pink tights. No tutus or "dress up" clothes permitted. Hair in a bun or ponytail. Pink leather Ballet shoes. Tap: Black Tap shoes w/velcro closure (<u>no</u> ties or snaps). Boys wear t-shirt tucked into elastic waist shorts, black ballet & tap shoes.

**Kids Bop Attire:** Tan tights. Slip-on jazz shoes (tan for girls, black for boys). Boys wear t-shirt with athletic shorts/pants. Girls wear a leotard, knit shorts (optional), hair in ponytail..

**Twirl & Tumble Attire:** Girls: Short unitard, tan slip on jazz shoes. Hair pulled back out of face. Boys: T-shirt, shorts and black slip on jazz shoes. Bare feet for the Tumbling portion.

All required Dancewear and shoes are available in our dance boutique!

Broadway Bound is a song and dance performance program that offers young performers a fun and supportive environment to learn and grow in their Musical Theatre abilities.

### More Than Just Technique

Broadway Bound goes beyond traditional dance and vocal technique classes. Our skilled instructors guide students through a curriculum fostering self-expression, teamwork, and artistic growth while refining their singing and dancing skills. Students also engage in acting exercises and theater games to build confidence and stage



#### **Show Your Talent on Stage**

Instruction focuses on mastering a captivating song and dance medley for on-stage performances at each session's end.

Flexible enrollment options accommodate students interested in the Sep-Dec or Jan-May sessions. Those enrolled in Sep-Dec will perform during our festive Holiday Showcase on December 15-16, while Jan-May participants will captivate audiences at the annual Recital June 1-2.

### Find Your Group & Discover Your Potential

Group	Age (as of 9/1)	Day	Time	Sep 11 -Dec 16	Jan 8 - May 25
Starlets	6-8 yrs	Thur	4:00-4:45 PM	\$354	\$488
<b>Rising Stars</b>	7-9 yrs	Tues	6:00-6:45 PM	\$354	\$488
Shooting Stars	8-10 yrs	Thur	6:30-7:15 PM	\$354	\$488
Broadway Collective	10-14 yrs	Thur	7:15-8:15 PM	\$354	\$488

**Attire:** Broadway Bound T-shirt (included in tuition) with comfortable bottoms: leggings, joggers, etc. Girls: Tan slip-on Jazz Shoes. Boys: Black Jazz shoes or black sneakers.

#### Costumes

Students will need to supply their own tan tights and jazz shoes. Sep-Dec: Session: Costumes for the Holiday Showcase are borrowed and will remain property of LoMastro. Jan-May Session: Costumes for Recital will be \$75 due upon registration and will be for students to keep.

Open to singers who move well and dancers who like to sing. No audition needed. All are welcome.



#### **REGISTER ONLINE: LOMASTRO.COM**

### Class Schedule | AGE 6 & up September 11, 2023 - May 25, 2024 Minimum age by Sep 1, 2023

## **ELEMENTARY BALLET & TAP 1**

Ballet and Tap are taught in this 60 minute class. Our curriculum teaches dance steps and proper terminology in a creative and engaging way. Two dances are performed in the Recital: 1 Ballet and 1 Tap.

Class	Age (as of 9/1)	Day	Time	Tuition
Elementary Ballet & Tap 1	6-7 yrs	Monday Tuesday Saturday	3:45-4:45 PM 4:30-5:30 PM 4:15-5:15 PM 9:00-10:00 AM	See page 6

Attire: Girls wear pink tights, a mulberry leotard, pink ballet shoes, tan slip-on jazz shoes, and black oxford tap shoes. Hair: Bun/ Snood. Boys wear a t-shirt, black shorts, black shoes: ballet, tap, jazz.

# **ELEMENTARY JAZZ & HIP-HOP 1**

Jazz & Hip-Hop are taught in this 60 minute class. Dance skills and choreography are taught using age appropriate music and movement. Two dances are performed in the Recital: 1 Jazz and 1 Hip-Hop.

Class	Age (as of 9/1)	Day	Time	Tuition
Elementary	6-7 yrs	Wednesday	4:45-5:45 PM	See page 6
Jazz & Hip-Hop 1		Thursday	4:45-5:45 PM	
		Friday	4:00-5:00 PM	

**Attire:** Girls wear tan tights, a violet leotard, black shorts or leggings, tan slip-on jazz shoes, and black sneakers. Hair: ponytail. Boys wear a t-shirt, black shorts, black jazz shoes and black sneakers.



# ELEMENTARY BALLET / TAP / JAZZ 2 & UPPER ELEMENTARY BALLET / TAP / JAZZ

Ballet, Tap & Jazz are the core dance subjects and should be studied by all children interested in dance. During the 90 min. class children study all 3 core subjects. Ballet & Tap are taught during the first 60 min. Jazz is taught for the last

**Prefer Individual classes?** Ballet 2, Tap 2, and Jazz 2 are also offered as individual 45 min. Classes (see pg. 5-6)

30 min. Those who do not wish to study Jazz may opt out of the last 30 min. (you must contact us to opt out). Upon completion dancers would progress to Ballet 3, Tap 3 and Jazz 3.

Class	Age (as of 9/1)	Day	Time	Ballet/Tap Tuition	Jazz Tuition
Elementary	7-9 yrs	Monday	4:00-5:30 PM	\$421	\$211
Ballet/Tap/Jazz 2			4:45-6:15 PM	Total = \$632 per	installment
		Tuesday	3:45-5:15 PM		
		Saturday	9:00-10:30 PM		
Upper Elementary	8-10 yrs	Monday	5:30-7:00 PM	\$421	\$211
Ballet/Tap/Jazz		Tuesday	4:15-5:45 PM	Total = \$632 per	installment

Attire: Girls wear pink tights, pink ballet shoes, tan slip-on jazz shoes, and black oxford tap shoes. Hair: Bun/Snood. Elem. B/T/J 2 wear a Lavender leotard. Upper Elem. B/T/J wear a Turquoise leotard. Boys wear a t-shirt, black shorts, black shoes: ballet, tap, jazz

#### **REGISTER ONLINE: LOMASTRO.COM**

Ballet / Pointe						
Ballet 2	7-9 yrs	Wed	4:00-4:45			
Open Ballet	10 & up	Wed	7:30-8:30			
Open Ballet II	Placement	Wed	7:30-8:30			
Ballet 3	Placement	Wed Thur Sat	4:45-5:45 4:30-5:30 10:30-11:30			
Ballet 4	Placement	Tues Thur	5:45-6:45 4:15-5:15			
Ballet 5	Placement	Mon Tues Thur	7:15-8:30 4:30-5:45 5:15-6:30			
Ballet 6	Placement	Mon Thur Sat	7:15-8:30 5:15-6:30 9:45-11:00			
Beginning Pointe	Placement Min. age 11	Mon Thur	6:30-7:15 6:30-7:15			
Ballet 7 / Pointe	Placement	Tues Thur Sat	7:30-9:30 6:30-8:30 9:00-11:00			
Ballet 8 / Pointe	Placement	Tues Thur Sat	7:30-9:30 6:30-8:30 9:00-11:00			
LCP Ballet / Pointe	Placement	Tues Thur	7:30-9:30 6:30-8:30			

 Ballet 4-6 students with aspirations to be on pointe in the future, are expected to enroll in Jr PBT Pointe Prep.

▶ Ballet 6, 7 & 8 must be enrolled in 2 ballet classes per week. (No class requirement for H.S. Pom team members).

 Beg. Pointe students are advised to enroll in 2 Pointe classes per week.

- Beg. Pointe students must be enrolled in 2 Ballet classes plus Pointe.
- Ballet 7, 7/8, 8 & LCP include 30 minutes of Pointe work. Ballet students who are on Pointe are required to take the full combined Ballet /Pointe class twice per week. Those who are not on Pointe will be dismissed for the last 30 minutes of class.
- LCP Ballet may attend 1 class per week if they are not on pointe and opt for no ballet recital. Solo/Duet/Trio requirements vary.

Нір-Нор			
Hip-Hop 2/3	7-9 yrs	Wed Thur Fri	5:45-6:30 3:45-4:30 3:45-4:30
Hip-Hop 3/4	8-10 yrs	Wed Wed Thur	4:00-4:45 5:45-6:30 4:45-5:30
Open Hip-Hop	10 & up	Mon	6:15-7:00
Hip-Hop 5/6	Placement Min. age 10	Wed	4:45-5:30
Hip-Hop 7/8	Placement Min. age 12	Wed	6:30-7:30

For tuition information please see page 6.

PBT	- Prog	ressing	Ballet	Techniqu	е
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Junior PBT / Pointe Prep	Ballet 4-6 *or Placement	Mon Tues Tues Thur	6:30-7:15 5:00-5:45 5:45-6:30 6:30-7:15
Senior PBT	Ballet 6-8	Mon Tues	7:45-8:30 6:45-7:30

• Dancers must buy their own PBT band and small ball from our boutique.

### **Contemporary-Modern**

Open Contemporary	10 & up	Wed	6:30-7:30
Open Contemporary II	Placement	Wed	6:30-7:30
Contemp-Modern I	For Ballet 5 Jazz 5	Wed	7:30-8:30
Contemp-Modern II	For Ballet 6 Jazz 6	Tues	6:30-7:30
Contemp-Modern III	For Ballet 7 Jazz 7	Wed	7:30-8:30
Contemp-Modern IV	For Ballet 8 Jazz 8	Wed	7:30-8:30

LCP Contemp-Modern Placement Wed 7:30-8:30

 Contem-Modern I students must be Ballet level 5 and above or Int Jazz 5 and above, or by approval.

Тар			
Tap 2	7-9 yrs	Fri	4:30-5:15
Open Tap	10 & up	Tues	6:45-7:30
Тар 3	Placement	Mon Wed	6:15-7:00 5:45-6:30
Tap 4	Placement	Mon	6:15-7:00
Tap 5	Placement	Tues	5:45-6:30
Tap 6	Placement	Tues	5:45-6:30
Тар 7	Placement	Mon	7:00-7:45
Tap 8	Placement	Mon	7:45-8:30

Jazz			
Jazz 2	7-9 yrs	Wed	4:45-5:30
Open Jazz /Theatre	10 & up	Mon	7:00-7:45
Open Jazz /Theatre II	Placement	Mon	7:00-7:45
Jazz 3	Placement	Mon Thur Sat	5:15-6:15 5:30-6:30 11:30-12:30
Jazz 4	Placement	Tues Thur	6:45-7:45 5:30-6:30
Jazz 5	Placement	Thur	7:15-8:15
Jazz 6	Placement	Mon Tues	8:30-9:30 7:45-8:45
Jazz 7	Placement	Mon	8:30-9:45
Jazz 8	Placement	Mon	8:30-9:45
LCP Jazz	Placement	Mon	8:30-9:45
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 Enrollment in ballet is required for levels Jazz 3 and higher. (No class requirement for H.S. Pom team members).

### C.J.T. + AcroDance

C.J.T. 4/5 For Jazz 4 & 5	9 & up w/approval	Sat	11:00-12:30
C.J.T. 6	Jazz 6 & up	Sat	11:00-12:30
C.J.T. 7	Jazz 7 & up	Sat	11:00-12:30
C.J.T. 8	Placement	Sat	11:00-12:30
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 Enrollment in Jazz is required. (No class requirement for H.S. Poms) Conditioning, Jumps & Turns and AcroDance elements which are commonly used in choreography will be taught and include flexibility skills, walkovers, aerial cartwheels, etc.

#### Acro

Acro Fundamentals	5-7 yrs	Mon Tues Fri	3:15-4:00 3:45-4:30 3:45-4:30
Acro 1-2	6-9 yrs	Mon Mon Thur Thur Fri	3:15–4:00 4:00-4:45 3:45-4:30 5:30-6:15 4:30-5:15
Acro 3-4	Pre-requisite: handstand, cartwheel, backbend	Thur Thur Thur Fri Fri	4:30-5:15 6:30-7:15 7:15-8:00 5:15-6:00 6:00-6:45

• Follows Acrobatic Arts Curriculum.



### TUITION

Enrollment is for the full season, Sept. - May. Tuition listed is for 1/2 of the season. Tuition is paid in two installments of the amount listed. **1st installment:** due upon registration **2nd installment:** auto-charged Jan. 15, 2024

Elementary Ballet/Tap Ja	azz See class listing
1 Class Per Week	\$421
2 Classes Per Week	\$792
3 Classes Per Week	\$1,180
4 Classes Per Week	\$1,509
5 Classes Per Week	\$1,795
6 Classes Per Week	\$2,138
7 Classes Per Week	\$2,496
8 Classes Per Week	\$2,851
9 Classes Per Week	\$3,209
10 Classes Per Week	\$3,393
75 Min Classes:	Add \$93 per class
90-120 Min Classes:	Add \$134 per class

## DRESS CODE

#### Leotard color must match those in our boutique.

**Elementary Ballet & Tap 1:** Girls wear pink tights, a Mulberry leotard, pink ballet shoes, tan slip-on jazz shoes, and black oxford tap shoes. Hair: Bun/Snood. Boys wear a t-shirt, black shorts, black shoes: ballet, tap, jazz.

**Elementary Jazz & Hip-Hop 1:** Girls wear tan tights, a Violet leotard, black shorts or leggings, tan slip-on jazz shoes, and black sneakers. Hair: ponytail. Boys wear a t-shirt, black shorts, black jazz shoes and black sneakers.

### Elementary Ballet/Tap/Jazz 2 & Upper Elementary

**Ballet/Tap/Jazz:** Girls wear pink tights, pink ballet shoes, tan slip-on jazz shoes, and black oxford tap shoes. Hair: Bun/Snood. Elem. B/T/J 2 wear a Lavender leotard. Upper Elem. B/T/J wear a Turquoise leotard. Boys wear a t-shirt, black shorts, black shoes: ballet, tap, jazz.

Ballet: Boys: White t-shirt, black shorts/pants, black ballet			
shoes. Girls: Pink tights, Pink ballet shoes, hair in a bun/			
snood. Leotard color must match those in our boutique.			
Elementary Ballet & Tap 1 Mulberry Leotard			
Elementary Ballet/Tap/Jazz 2 Lavender Leotard			
Upper Elementary Ballet/Tap/Jazz Turquoise Leotard			
Ballet 2 Lavender leotard			
Ballet 3 Light Blue leotard			
Ballet 4 Paradise Blue leotard			
Ballet 5 Royal Blue leotard			
Ballet 6 Purple leotard			
Ballet 7Navy leotard			
Ballet 8 & LCPBlack leotard			
Open Ballet I & IIBlack leotard			

**Jazz, CJT, Pom:** Leotard, tan convertible tights, tan slipon jazz shoe. Black shorts/leggings may be worn.

**PBT, Contemporary-Modern:** Solid color leotard, convertible/footless tights, bare feet.

**Tap:** Solid color leotard, tan tights, black shorts or leggings, black tap oxford (no Mary Jane).

**Hip-Hop:** Comfortable clothing, and black sneakers (worn indoors only).

**Boys**: T-shirt, black shorts/pants, black shoes: ballet, tap, jazz, hip-hop.

All required leotards, tights and shoes are available in our dance boutique!

#### **REGISTER ONLINE: LOMASTRO.COM**