



COVID Protocols

Aligned with CDC guidance and LCHD guidance as of January 4.

If You Test Positive for COVID-19 (Isolate)

Everyone, regardless of vaccination status.

- Stay home for 5 days.
- If you have no symptoms or your symptoms are resolving after 5 days, you can leave your house.
- Continue to wear a mask around others for 5 additional days.

If you have a fever, continue to stay home until your fever resolves.

- You may return to LoMastro on day 7-10 with a negative test result on day 6+.
- If you choose not to test on day 6+, you may return on day 11.

If You Were Exposed to Someone with COVID-19

If you:

Have been boosted

OR

Completed the primary series of Pfizer or Moderna vaccine within the last 6 months

OR

Completed the primary series of J&J vaccine within the last 2 months

- Wear a mask around others for 10 days.
- Test on day 5, if possible.

If you develop symptoms get a test and stay home.

- You may return to LoMastro immediately as long as you don't develop symptoms.

If You Were Exposed to Someone with COVID-19 (Quarantine)

If you:

Completed the primary series of Pfizer or Moderna vaccine over 6 months ago and are not boosted

OR

Completed the primary series of J&J over 2 months ago and are not boosted

OR

Are unvaccinated

- Stay home for 5 days. After that continue to wear a mask around others for 5 additional days.
- If you can't quarantine you must wear a mask for 10 days.
- Test on day 5 if possible.

If you develop symptoms get a test and stay home

- You may return to LoMastro on day 7-14 with a negative test result on day 6+.
- If you choose not to test on day 6+, you may return on day 15.